

RAPE
VS
CONSENT

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6TH JUNE, 2020

RAPE: is forced, unwanted sexual intercourse. Rape knows no borders as it affects females in every country in the world.

Rape has even been perpetrated on girls as young as a few months old and against women as old as 90. It is especially prevalent in the contexts of war and conflict.

Rape is never the victim's fault no matter where or how it happens.

Rape is a crime of violence and humiliation.

Sex is the instrument used to inflict insufferable physical and psychological pain into the victim.

Sexual intercourse may be vaginal, anal, or oral, and may involve the use of a body part or an object.

Interestingly, it is perpetuated on both gender.



Why men rape:

Most often it is motivated by a desire for power, control and domination. Considering, the three types of rape behaviour, it should be emphasized that these are rather arbitrary distinctions and are not either or categories- they are possibility, and sometimes men will rape within what looks like one category, and rape a second time within what looks like another category. Moreover, at times rape may overlap categories. Distinguishing these categories helps for simplicity's sake in sharing this information, but it should not be taken as hard and fast rules about human behaviour- even raping behaviour.

WHY MEN DON'T REPORT THEIR EXPERIENCE

A common theme emerging in treating male rape victims voice their concern in in reconciling their masculine identity with their masculine identity with their experience of being raped.

The power Rapist – is the most common form of rapist, accounting for approximately.

95 percent of all rapists. The men who “power rape” rape to gain a sense of power out of the rape attack. They want to feel in control” and use the rape attack as a way of meeting that need.

Rarely is the rape victim injured during a power rape”

The Anger Rapist is the second most frequent kind of rapist and accounts for approximately 4 percent of all rapists. The men who “anger rape” rape as a way of releasing angry feelings they have. Generally it will result in some physical injury to the victim.

In acquaintance, rape situations, which make up the vast majority of rapes, it appears that men rape as a result of feelings of entitlement. Either power or anger would appear as the primary motivation- power in relation to having the entitlement in the first place (being “entitled” represents a “power over” position) and anger for being kept from what he feels he is entitled to.

Other important facts about rape include:

- Most commonly, the rapist is a 25- to 44-year-old man who plans his attack. He usually chooses a woman of the same race.
- Alcohol is involved in more than one out of three rapes.
- Rape may occur between members of the same sex. This is more common in places such as prisons, military settings, and single-sex schools.
- People with physical or mental disabilities or limited language skills are also at higher risk.
- Over one-half of rapes occur in the victim's home.



CONSENT

Consent is an agreement between participants to engage in **sexual** activity. There are many ways to **give consent**, and some of those are discussed below. **Consent** doesn't have to be verbal, but verbally agreeing to different **sexual** activities can help both you and your partner respect each other's boundaries.

Unconscious
is not consent.

 UN WOMEN



What is
CONSENT?

→ ONLY AN ←
INFORMED
SOBER **Freely**
Given
▶ ONGOING & ENTHUSIASTIC ◀

“YES!”

IS CONSENT

TO TALK WITH SOMEONE

Sierra College Confidential Resources
Campus Advocates • Counseling Center
9confidential@sierracollege.edu
(916) 660-8400

TO MAKE A REPORT

LaToya Jackson
(916) 660-7006

ACTIVITY: EXPLAIN THE MEANING OF THIS PICTURE



How to prevent yourself from being a rape victim

- Be armed: pepper spray, or even a small folding knife can be extremely effective to deter a potential rapist.
- Be cautious: stay away from deserted paths.
- Safety at home: keep your door and gate lock.
- Avoid accepting undefined gift
- When at a party, do not accept drinks you are not sure of its source and content.

DATING GUIDE LINES

- ❑ Good communication is important, particularly with respect to personal values individual expectations and sexual conducts
- ❑ Mutual respect for each other's wishes, like accepting your date refusal to engage in sexual activity.
- ❑ Investigate/make a detail study of his/her character before accepting to date.
- ❑ For your personal safety, ensure that someone responsible, like a parent, knows whom your date is, your intended destination and expected time of return.
- ❑ Avoid the use of Alcohol and other mind altering substance that may impair your judgment.
- ❑ Early, frequent, and steady dating is one of the single biggest risk factors for young people getting into sexual activity. Hold the line.
- ❑ Establish dating rules and expectations. Establish rules early on for such things as dating activities
- ❑ Also, be sure to talk about inappropriate internet and texting behaviors.

❑ Young people should recognize manipulative language and reject such lines as, "If you really love me, you'll do this for me," or "You know we both want to, so don't act like such a prude."

❑ Don't date older persons. Young ladies tend to have their first sexual experience with male partners who are three or more years older.

❑ For teenage boys, their first sexual encounter is likely to be with girls who are less than a year older. Teenagers should date persons in their same age group.

❑ Premarital sex, obsessive discussions about marriage, or too much time spent together can all take the relationship to a level of intimacy that is inappropriate for dating. If you go to these levels, then your judgment of who the person is and what the relationship is truly like will be clouded.

Conclusion

Rape is a serious crime that corrodes the fabric of the family and society and cannot go unaddressed. It is about time that we address it openly and take action to reduce the incident drastically or put an end to it.

REMEMBER NO MEANS NO.

E-BOOKS FOR SELL

1. MY DECISION MY FUTURE
2. MENTAL AND EMOTIONAL HEALTH FOR OPTIMUM PERFORMANCE